



# CHEMICAL PEEL (VI PEEL)

## POST CARE

### POST-TREATMENT CARE:

Chemical Peels are used to improve signs of aging from sun damage, fine lines, hyperpigmentation, acne, and acne scarring. Chemical peels are used to remove the epidermal layer of your skin to regenerate new cell growth. You will notice peeling after your treatment, which can last 3–7 days.

VI PEEL is a medium–depth peel that works to suppress melanogenesis—the production of melanin—while promoting rapid cell turnover for a more even and bright skin tone. Resurfacing action reveals brighter, renewed skin for results in 7 days.

You will be given a protocol to follow for the next several days, along with products including SPF, towelettes, and hydrocortisone cream. Please follow these instructions closely. You may also scan the barcode on your instructions to transfer them to an easy-to-follow instruction set on your mobile phone.

- Use gentle cold compresses to the treated area as needed for irritation or burning associated with a chemical peel. Use only the products provided on the day of your treatment for the specified amount of time on the instructions.
- Avoid excessive heat on the treated area.
- Avoid direct sun exposure.
- Use a broad-spectrum sunscreen daily.
- Do not pick, tweeze, rub, exfoliate, wax, or have a facial for 3–4 weeks after a chemical peel.
- Do not peel or scratch at peeling skin, allowing peeling skin to fall naturally. You may use scissors to cut any peeling skin that is hanging.
- Do not use an acidic product like retinoids or tretinoin, acne medications, or vitamin C products for up to two weeks after a chemical peel.
- Moisturize often to avoid letting the skin dry out.
- Avoid using makeup until the skin is healed.

If you have any questions or problems not listed here, please contact Forever Young Medical Aesthetics.