



COLLAGEN INDUCTION THERAPY POST CARE

POST-TREATMENT CARE:

Collagen induction therapy is a safe cosmetic treatment that introduces very small needles into the skin at varying depths. This treatment causes micro-injuries to the skin, triggering a healing response thereby stimulating collagen and elastin. Collagen and elastin are integral to skin health and youthful skin appearance.

Collagen induction therapy can help with wrinkles, scarring, pore size, and may tighten skin. Results will be seen in 4-6 weeks post-treatment as collagen production is stimulated.

Following your treatment:

- Wait 4 hours to wash your face.
- Use a gentle cleanser and lukewarm water to clean your face for the first 48 hours.
- Use a delicate moisturizer.
- Gently dry your treated skin – do not rub, pick or scrub at your skin.
- Do not apply makeup for up to 24 hours after the procedure.
- Avoid scented products, and products that contain glycolic acid or AHAs.
- Use a broad-spectrum SPF every day.
- Avoid direct sunlight exposure for 1-2 weeks.
- Avoid tanning beds.
- Avoid swimming for at least 3 days while your skin heals.
- Avoid strenuous activity for the first 3 hours.
- Avoid anti-inflammatory medications such as ibuprofen, Advil, or Motrin for one week.
- You can use Tylenol as needed and directed.

If you have any questions or problems not listed here, please contact Forever Young Medical Aesthetics.